

# **NXN HEARTLAND CHAMPIONSHIPS**

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## **NIKE SELECTS SIOUX FALLS AS HOST CITY FOR 2010, 2011 AND 2012**

**Sioux Falls, S.D.** – The Nike Cross Country National Heartland Regional Championships will be held in Sioux Falls on November 14th, 2009 at Yankton Trail Park for its third consecutive year. This was the final year in a three year contract with Nike. However, Nike has now committed to Sioux Falls for another three years!

This meet attracts runners from Iowa, Kansas, Minnesota, Nebraska, North Dakota, Wisconsin, and throughout the state of South Dakota and has seen an increase in participants since it was held in Sioux Falls in 2007. The first race begins at 11:00am on November, 14th with races continually following. The championship races will be at 1:30pm and 2:15pm, Girls and Boys respectively. Championship Race Awards will be held at 3:00pm to wrap up the day.

For additional information please go to: <http://www.runnerspace.com/nxnhl> or contact the Local Organizing Committee by calling Kristi Rieger at 605-376-1743 or email [riegalizer@sio.midco.net](mailto:riegalizer@sio.midco.net).

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